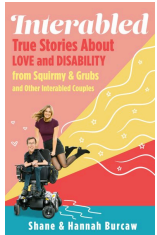


Disability Visibility : Adapted for Young Adults

edited by Alice Wong (she/her) - Y 305.9 DISABILITY

Collects 17 thought-provoking essays written by disabled people that offer keen insight into the complex and rich disability experience, and ask readers to think of them as members of a community with its own history, culture and movements.



Interabled : True Stories About Love and Disability from Squirmey & Grubs and Other Interabled Couples

by Shane Burcaw (he/him) - Y 362.4 BURCAW

With his signature wit and hilarious voice, Shane Burcaw has put together an inspiring and true story collection of sweet, funny, and often miraculous love stories of different interabled couples.



The Disability Experience : Working Toward Belonging

by Hannalora Leavitt (she/her) - Y 362.4 LEAVITT

This nonfiction book for teens provides a history of disability, describes types of disabilities and examines the challenges faced by people living with disabilities.

Check out more Disability Awareness Reads for Teens here:



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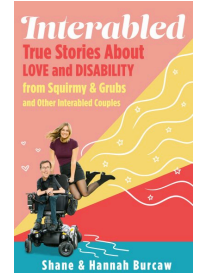
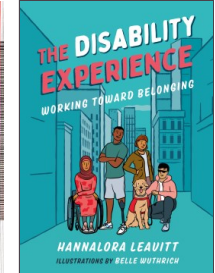
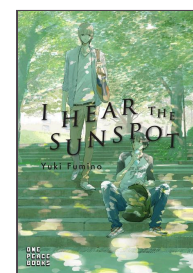
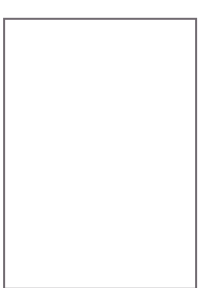
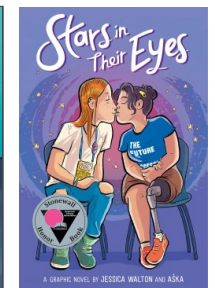
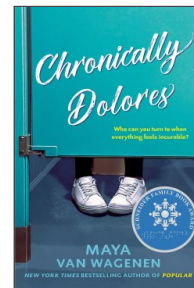
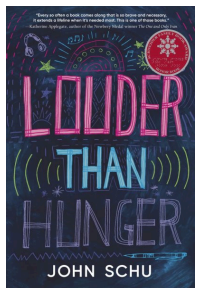
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Teens with Disabilities



Updated 5/2025

FICTION



Where You See Yourself

by Claire Forrest (she/her) - Y FORREST

Having her heart set on a college in NYC with a major in Mass Media & Society, disabled high school senior Effie learns that sometimes growing up means being open to a world of possibilities you never even dreamed of.



I Am the Cage

by Allison Sweet Grant (she/her) - Y GRANT

After 19-year-old Elisabeth is plunged into darkness following a snowstorm, she accepts help from neighbor and young sheriff Noah, in a coming-of-age story about a young woman running away from herself and grasping to find a way back.



Time and Time Again

by Chatham Greenfield (they/them) - Y GREENFIELD

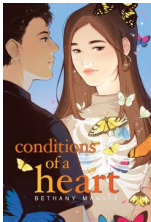
Living the same day over and over again, Phoebe is taken out of her comfort zone and falls deeper in love with childhood crush Jess when he comes crashing into the time loop.



Forever Is Now

by Mariama Lockington (she/her) - Y LOCKINGTON

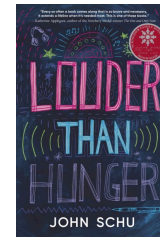
Suffering from agoraphobia after witnessing a scene of police brutality, Sadie discovers, with the help of family, friends and online activists, that she can build a safe place inside herself.



Conditions of a Heart

by Bethany Mangle (she/her) - Y MANGLE

Suspended from school after trying to break up a fight, Brynn, who's been hiding a disability that's rapidly wearing her down, wonders if it's possible to reinvent her world by being the person she thought no one wanted: herself.



Louder than Hunger

by John Schu (he/him) - Y SCHU

Even though he likes helping people, Jake, who avoids kids his own age, mirrors and food, must help himself when the destructive voices inside get to be too much, in this raw and transformative novel-in-verse about managing and articulating pain, and embracing self-acceptance, support and love.



Love Letters for Joy

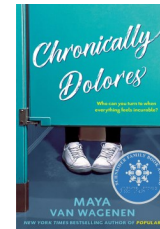
by Melissa See (she/her) - Y SEE

Joy is determined to be Caldwell Prep's first disabled valedictorian, but she starts to wonder if she has missed out on a quintessential high school experience. She is asexual, but that's no reason she can't experience first love, right? She finds herself falling for the "Caldwell Cupid," but falling in love might mean risking what she wants most.

Dust

by Alison Stine (she/her) - Y STINE

Partially deaf teenager Thea lives in southern Colorado with her family on a remote farm, and when she meets Ray, another deaf teen, Thea learns to sign and starts learning about climate change and other things she's missed.



Chronically Dolores

by Maya Van Wagenen (she/her) - Y VAN WAGENEN

Dolores is not thriving. She was recently diagnosed with a chronic bladder condition called interstitial cystitis. The painful disease isn't life threatening, but it is threatening to ruin her life. Just when things seem hopeless, Dolores meets Terpsichore - glamorous, autistic, and homeschooled against her will by her overprotective mother.

GRAPHIC NOVEL AND MANGA



The Sweetness Between Us
YG SEARLE

Stars In Their Eyes
YG WALTON

I Hear the Sunspot
YGM I HEAR